

Expect rain and Celtic Thunder

Famed Irish singing group in town for performance; roll up your sleeves and get ready to participate



MOOSE FIGHT OFF TITAN AT HOME

Halifax Mooseheads forward Brent Andrews looks to keep the puck away from Robert Pelletier of the Bathurst Titan in QMJHL action at the Metro Centre on Wednesday night. The Mooseheads skated away with a 5-3 victory for their first home win of the season. Story, page 25. JEFF HARPER/METRO

Antiques thief gets lengthy sentence

40 charges. John Mark Tillmann of Fall River pleads quilty

The man found with hundreds of stolen historical artifacts in his Fall River home had plenty to say before being sentenced on 40 charges, but there was one key omission.

"I didn't hear you say you were sorry for what you had done, and I have to bear that in mind," said Nova Scotia Supreme Court Justice John D. Murphy after John Mark Tillmann's comments on Wednesday.

Tillmann was arrested in January after a traffic stop led RCMP to search his Guildwood Drive home, uncovering stolen antiques in every part of the house.

The 51-year-old pleaded guilty to 40 charges Wednesday, suggesting it was the poor conditions at the Burnside Jail that prompted "careful reflection" on his actions.

"I slept on the floor on a mattress ... under deplorable conditions," Tillmann told the court. "It was in this environment that I ... realized that I cannot, for that reason alone, if for no other reasons, continue on with this particular habit."

Murphy accepted a joint recommendation for nine years in prison, which will be reduced to just under eight years with credit for time centred



"The ... offences show a total lack of respect for your

fellow citizens and for the justice system and for our society," he told Tillmann, who has a lengthy criminal record. "The details ... indicate a planned, deliberate, prolonged activity motivated by selfishness and greed in the extreme."

Tillmann's house, two cars and \$300,000 in his bank account will be turned over to the province as proceeds of crime. Ruth DAVENPORT/METRO

More coverage, page 3





Spryfield

Ambulance equipment bag stolen with lethal drugs inside

Halifax Regional Police and Emergency Health Services were warning the public Wednesday after an ambulance equipment bag with potential lethal drugs inside was stolen.

Police say at 8:50 p.m. on Tuesday, two EHS paramedics were inside a station at



5 Hartlen Ave. in Spryfield when someone came in and stole the bag.

stole the bag.
The red bag, which
bears the EHS markings,
contains drugs used to treat
serious heart conditions
and breathing problems,
among other things.
Anyone with information
on the bag's whereabouts
is asked to contact police or
Crime Stoppers. METRO

Antigonish

Man pleads guilty to murdering wife

A 50-year-old man charged with killing his wife in Antigonish has pleaded guilty to second-degree murder.

Patrick Chareka was charged with first-degree murder in the death of his wife, Ottilia Chareka, and his trial was scheduled to start in Nova Scotia Supreme Court on Monday.

But Chareka was in court on Wednesday where he entered a guilty plea on a lesser charge of second-degree murder.

THE CANADIAN PRESS



Fall River man built 'altar to crime': Crown

Stolen antiquities.

Victims say impact of thefts lingers on in loss of trust, restricted access to valuable artifacts

The Crown says a man whose Fall River home was found packed with stolen historical artifacts accumulated the collection through "conscious deceit" over several years.

John Mark Tillmann, 51, pleaded guilty to 40 charges Wednesday related to the thousands of books, documents, paintings and other antiquities taken from local institutions and dealers.

"These offences reflect a

Quoted

"He's looking forward to moving on with his life and changing his behaviour."

Mark Bailey, defence attorney for John Mark Tillmann

man who attempted to enrich himself through crime," said Crown attorney Mark Heerema in court. "A man who has attempted to flourish through the trade and sale of stolen antiquities."

Although Tillmann's annual income for the last decade was below the poverty line, he paid cash to build his Guildwood Avenue home, worth more than

\$400,000, and had no mortgage. He owns a Porsche and a BMW, and at the time of his arrest, had about \$300,000 in the bank. "Collectively, the altar that he has made to crime," said Heerema.

The stolen goods include a letter written by General James Wolfe and another by George Washington. A first-edition Origin of the Species by Charles Darwin was sold and has not been recovered.

There were stolen non-antiques, like an outboard motor taken from a Boy Scout camp, and a family heirloom chair that belonged to a 102-year-old man. The owners of some items haven't been located, and Tillmann told the court he wanted to help police find the rightful

owners

His lawyer said it's proof of Tillmann's genuine remorse.

"He's assured me that ... his criminal activity is now at a conclusion," said Mark Bailey, adding Tillmann had never discussed a motive for his actions.

Several victims said in impact statements they'd installed security systems or restricted access to valuable artifacts because of the theft.

"Access and enjoyment of historic sites and artifacts is based on an assumption and trust and respect for the site," Heerema quoted from Maritime Museum of the Atlantic curator Dan Conlin. "A violation of that trust undermines the spirit of public access."

RUTH DAVENPORT/METRO



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Dexter plays it cool while Baillie, McNeil square off

N.S. election. First formal TV debate features testy exchanges

Liberal Leader Stephen McNeil found that being the front-runner can make you the quarry in an election campaign as he became the target of attacks from both his opponents Wednesday night in the first formal televised leaders debate before voters cast their ballots Oct. 8.

At times, McNeil exchanged testy barbs with his Progressive Conservative counterpart, Jamie Baillie, while NDP Leader Darrell Dexter looked on, bemused.

Dexter became the first New Democrat to lead his party to victory in Atlantic Canada in 2009 and he used the debate to give a history lesson, telling voters his two challengers represent parties who left an economic mess that the NDP is trying to clean up.

The 90-minute debate televised by CBC centred on health care, energy, care for seniors, the future of schools faced with dwindling enrolment and what role the government should play in helping create jobs.

Baillie and McNeil often squared off and at one point the Tory leader took McNeil to task over his refusal to cut the harmonized sales tax until the province can record surpluses that make up for the revenue shortfall.

McNeil cast his position as reasonable, dismissing a

projected surplus of \$18.3 million forecast by the NDP government for this fiscal year as a fallacy.

"Every Nova Scotian listening here today knows that if they reduce the revenue coming into their house, they're going to have a problem meeting all of the commitments they've made," McNeil said.

"So if Mr. Baillie is going to reduce the revenue coming into the province of Nova Scotia, what hospital is he going to cut? What wait times are going to grow?

"You can't have it both ways."

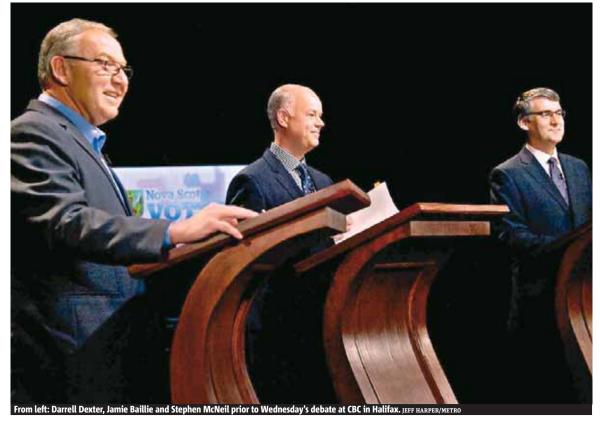
Baillie accused McNeil of "scaring" people into believing that they should be paying the highest taxes in the country, which prompted a curt reply from the Liberal leader in one of the more memorable moments of the debate.

"It's not scaring people. It's being honest, Jamie," McNeil snapped. "It's being upfront and truthful. Try it."

The exchange left Dexter shaking his head before he took issue with Liberal and Tory plans to slash the number of health boards in the province.

"They pretend that's going to save them some money," said Dexter, who took the casual approach by deciding against wearing a tie, standing apart from the other two party leaders in his openneck shirt and sport coat.

"What we know, in fact, is that whenever you create these centralized super bureaucracies, they actually cost more money and not



No tie, no problems

"I think in the end it's really clear that it provides the contrast that I actually do stand apart from my two colleagues."

NDP Leader Darrell Dexter on his decision not to wear a tie

only that, they throw health care into chaos.

"They have their own ver

sions of kind of going back to the way things used to be done. We all lived through

this too many times."

Dexter also picked up on that theme while discussing the province's energy future, saying it was the legacy of past Liberal and Tory governments that chained Nova Scotia to fossil fuels.

Baillie went after the Liberal plan to break Nova Scotia Power's monopoly.

"No one believes there are going to be three or four

Nova Scotia Powers running around our province after the next election. There will be one," said Baillie. "You can't name one place in North America where this has actually worked."

He defended his plan to freeze power rates for five years as doable, despite concerns from critics who say it's not sustainable

THE CANADIAN PRESS

PCs promise to repeal contract-arbitration law

Toru leader Jamie Raillie arriving at Wednesday's debate, were weprepagated.

Nova Scotia's Progressive Conservative leader reiterated his promise to repeal the province's first contract-arbitration law, which imposes arbitrated settlements on first contracts for newly unionized workplaces.

Jamie Baillie says a Tory

government would undo the law passed in 2011 because he believes it unfairly allows an arbitrator appointed by the province to force companies to accept wage proposals, even if they can't afford them.

The NDP government of Premier Darrell Dexter,

Recent change

2011

The province's first contract-arbitration law passed two years ago.

which introduced the law, has said it brings stability to

the labour bargaining process, adding that it is used by the federal government and six other provinces.

Later today, the leaders of the three main political parties will square off in a 90-minute televised debate.

The election is set for Oct. 8. THE CANADIAN PRESS

THE SWEET SUCCESS OF WEIGHT LOSS

When it comes to weight control, experts are increasingly putting the spotlight on sugar.

"In fact, mounting evidence points to controlling blood sugar as the key to successful weight loss" says Brenda Watson, naturopathic doctor and bestselling author.

Your blood sugar level is the amount of glucose from the food you eat that is circulating in your bloodstream. It provides energy or is stored for future use. All carbohydrates you eat, with the exception of fibre, are broken down by the body into glucose.

The body only requires 10 teaspoons of sugar per day to perform all its functions, but the average Canadian daily consumption is 26 teaspoons. This is no surprise when you consider that a half-cup of vanilla ice cream contains five teaspoons of sugar while one cup of cooked pasta contains eight.

For weight loss, Watson recommends a daily sugar consumption limit of six to eight teaspoons from all foods. Your body will draw on fat stores for

HOW MUCH SUGAR IS IN YOUR DIET?

Here is an easy equation for calculating how much sugar is in the food you eat.

Nutrition Facts tables on packaged products provide carbohydrate and fibre amounts.

(CARBOHYDRATE GRAMS – FIBRE GRAMS) ÷ 5 = # OF TEASPOONS OF SUGAR



any extra energy it requires and that will lead to weight loss. There are lots of low sugar food options such as lean protein, healthy fats, and virtually all vegetables.

There are also scientifically-proven weight loss products that help balance blood sugar, Watson says. For example, green coffee bean extract gained notoriety when it was featured on Dr. Oz's TV show.

"While I don't believe you can buy weight loss in a bottle, there are certainly products that can help. Green coffee bean is one of them, but I am really excited about a new ingredient called Fraxipure, which is a natural extract from European ash seed. It decreases blood sugar levels, increases fat burning and protects the liver. I recommend Simply Trim because it is the only product to combine green coffee bean extract with this fat-blasting Fraxipure.

"The bottom line — if you balance your blood sugar you will lose weight. How sweet is that?"

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Tracadie. Man gets 6 years for killing 2 teens while driving on drugs

A Nova Scotia man has been sentenced to six years in prison after being convicted of taking drugs and later crashing his car into another vehicle, killing two teenagers.

Thirty-two-year-old William Byron Fogarty of Antigonish was found guilty of two counts each of dangerous driving causing death and impaired driving by drugs causing death following an eight-day trial in Nova Scotia Supreme Court in June.

He was charged after the crash on Highway 4 in Tracadie in November 2011 that killed 17-year-old Nico Landry and 16-year-old Kory Mattie.

Blood tests at the time of the accident revealed Fogarty had several drugs in his system, including Valium By the numbers

10

William Byron Fogarty has also been prohibited from driving for 10 years.

and Methadone.

Judge Nick Scaravelli sentenced Fogarty on Wednesday to six years in prison on each of the impaired driving counts, and three years on each of the dangerous driving counts, with the sentences to be served concurrently.

Fogarty was given credit for the nearly eight months he's already spent in custody, bringing his prison time down to five years and 19 days.

THE CANADIAN PRESS

Crime. Halifax man caught, charged after breaking into 3 homes

A 52-year-old Halifax man is facing charges after three homes were broken into on Tuesday.

At 10:30 a.m., Halifax Regional Police responded to a break-and-enter in the 2000 block of Parker Street. Police say a man had entered the home but fled after he was "confronted by the homeowner," according to a release.

Nothing was stolen and the homeowner wasn't injured. A description of the suspect was

Officers responding to the call later observed a man matching the description as someone trying to break into Charges

Cecil Blair Jackson is charged with three counts of breakand-enter, one count of possession of stolen goods, and three counts of breach of recognizance.

a home in the 2100 block of Robie Street, and he was arrested.

Police say the suspect had stolen property taken from a third break-and-enter that happened in the 1600 block of Robie Street earlier Tuesday morning. METRO

1,700 fewer residents

Out-of-province moves cause population decline

Nova Scotia's population took quite a dip earlier this year due to people moving out of the province, according to new information released from Statistics Canada. Within the first three months of 2013, the total population for Nova Scotia dropped by about 1,700 people to sit at 945,015 residents by April 1.

Creeping Tom

Woman discovers man masturbating outside bedroom

Halifax Regional Police say a Fairview woman caught a man masturbating outside her bedroom window early Wednesday morning.

The incident happened just before 1 a.m. in the 0 to 100 block of Vimy Avenue. The woman said she saw the man outside her bedroom window masturbating, and when she called police, he ran away. METRO



Student's finger 'nearly severed'

Halifax West High School. Grade 11 student taken to hospital after suffering 'quite a serious cut' while using a table saw



A student from Halifax West High School was taken away in an ambulance after severely cutting his finger in shop class on Wednesday.

Const. Pierre Bourdages of the Halifax Regional Police said a student had their finger "nearly severed" at the school, and was rushed to hospital by paramedics around noon Wednesday.

Doug Hadley, spokesperson for the Halifax Regional School Board, said the male Grade 11 student was in "production tech" class when he cut himself on a table saw.

"At this point it looks like they reached across the saw to grab a piece of wood, and in the process cut their index and middle finger on one of their hands," Hadley said.

It was "quite a serious cut," but Hadley said pressure was applied to the hand and he was treated by paramedics before being taken to hospital.

"It wouldn't have been something that most students were aware had

Classes continue

Doug Hadley, spokesperson for the Halifax Regional School Board, said classes continued on as normal Wednesday.

occurred because it happened so quickly, but the school will be keeping an eye (out) to determine if there's any need for follow up with the student body," Hadley said.

Cops 'pleased' by fast arrest of rape suspect



Halifax Regional Police say they are pleased a man charged with the rape of a 17-year-old girl was able to be arrested only a few hours after they asked for the public's help in locating him.

Police say Caiden Donte Wournell, 20, was identified on surveillance video from cameras near the scene of the alleged assault in Dartmouth.

Spokesman Const. Pierre Bourdages said a warrant for his arrest was issued at 3 p.m. Tuesday because they could not contact him.

Wournell turned himself in at the HRP headquarters

Quoted

"It's great to see that people take these matters at heart, share them, talk about it."

Halifax Regional Police spokesman Const. Pierre Bourdages, about the social media response when the arrest warrant was issued.

a few hours later.

"We are very pleased we were able to arrest him so fast," Bourdages said.

Police responded to the Dartmouth Common just before 9 p.m. Saturday and found a 17-year-old girl who reported being sexually assaulted by a man she'd met at the Metro Transit Bridge Terminal.

When they reached a secluded area police say the man grabbed her, sexually assaulted her with forcible penetration and took off with her purse.

Wournell was arraigned in Dartmouth provincial court Wednesday, and has been remanded to the Central Nova Correctional Facility in Burnside until his next appearance on

He faces charges of sexual assault, robbery and breach of probation.

HALEY RYAN/METRO

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Al-Shabab says foreigners were a 'legitimate target'

Kenya attack. Somali Islamic extremist group claims they took 'every possible precaution' to separate Muslims from non-believers

Al-Shabab, the armed Somali Islamic extremist group that attacked a shopping mall in Kenya, said Wednesday that foreigners were a "legitimate target" and confirmed witness accounts that gunmen tried to let Muslims go free while killing or taking the others captive.

In an email exchange Wednesday with The Associated Press, al-Shabab said: "The Mushideen carried out a meticulous vetting process at the mall and have taken every possible precaution to separate the Muslims from the Kuffar (disbelievers) before carrying out their attack."

According to published ac-

counts, witnesses have said the gunmen rounded up people, asked questions about Islam and told the Muslims to leave the mall.

At least 18 foreigners were killed, including six Britons and citizens from Canada, France, Trinidad, the Netherlands, Australia, Peru, India, Ghana, South Africa and China, when the militants entered the Westgate Mall on Saturday, slaughtering men, women and children with assault rifles and grenades and taking people hostage. The current death toll is 67 and is likely to climb with uncounted bodies remaining in the rubble of the Nairobi mall.

Despite their efforts to spare Muslims, some of those killed were members of the faith. One man, Louis Bawa, whose wife Zahira and daughter Jennah were killed, told a London newspaper that al-Shabab was "using religion as an excuse to kill people."

"Zahira and Jennah were Muslims, but these animals



Mary Italo grieves for her son Thomas Abayo Italo, 33, who was killed in the Westgate Mall attack, as she waits to receive his body at the mortuary in Nairobi, Kenya, Wednesday. Thomas was an accountant and the breadwinner of the family who helped look after Mary, who is sick, according to relatives. Kenyan authorities prepared for the gruesome task of recovering dozens more victims than initially feared after the country's president declared an end Tuesday to the four-day siege of the Nairobi mall by al-Qaida-linked terrorists. BEN CURTIS/THE ASSOCIATED PRESS

just shot them the same as all of the others," Bawa told The Telegraph

Asked if the separation of

Muslims from non-Muslims at the outset of the mall attack represented a change in tactics, the group insisted in an email that it "has never deliberately targeted Muslims."

"Our targets have always been disbelievers, invaders and the apostate governments officials/troops who are allied with them." it said

THE ASSOCIATED PRESS

Pakistan quake survivors struggle for food, shelter



Villagers sit under a tree near the rubble of destroyed homes following an earthquake in the remote district of Awaran, Pakistan, Wednesday.

Survivors built shelters with sticks and sheets Wednesday, a day after their mud houses were flattened in an earthquake that killed 285 people in southwestern Pakistan.

While waiting for help to reach remote villages, hungry people dug through the rubble to find food. And the country's poorest province struggled with a dearth of medical supplies, hospitals and other aid.

The quake flattened wide swaths of Awaran district, where it was centred, leaving much of the population homeless. Almost all of the 300 mud-brick homes in the

village of Dalbadi were destroyed.

Noor Ahmad said he was working when the quake struck and rushed home to find his house levelled and his wife and son dead.

"I'm broken," he said. "I have lost my family."

At least 373 people were also injured, according to a statement from the National Disaster Management Authority, which gave the latest death toll.

Doctors in the village treated some of the injured, but due to a scarcity of medicine and staff, they were mostly seen comforting residents.

The remoteness of the area and the lack of infrastructure hampered relief efforts. Awaran district is one of the poorest in the country's most impoverished province.

Just getting to victims was challenging in a region with almost no roads where many people use four-wheel-drive vehicles and camels to traverse the rough terrain.

"We need more tents, more medicine and more food," said a spokesman for the provincial government, Jan Mohammad Bulaidi.

THE ASSOCIATED PRESS

Created by catastrophe

Alongside the carnage of Pakistan's earthquake came a new creation: a small island of mud, stone and bubbling gas pushed forth from the seabed.

 Experts say the island was formed by the massive movement of the earth during the 7.7-magnitude quake that hit Pakistan's Baluchistan province.

Asiana Flight 214

U.S. investigating whether airline failed to help families after crash

In the first investigation of its kind, federal transportation officials are reviewing whether Asiana Airlines failed to meet legal obligations to help families of passengers after one of its planes crashed in San Francisco International Airport.

Three died and dozens were injured when Asiana Flight 214 crashed on July 6. Under U.S. law, Asiana was required to provide services to family members of the passengers, from the posting of a toll-free information number, to providing transportation and lodging. THE ASSOCIATED PRESS

Spain

Judge names 22 rail company officials as suspects in crash

The judge investigating a high-speed train crash that killed 79 people in Spain has named 22 rail infrastructure company officials as suspects

A court statement said Judge Luis Alaez has asked the Adif officials, including the company's three most recent presidents, to come in for questioning as suspects.

The officials also include board members and senior managers in charge of safety on the stretch near Santiago de Compostela where the crash occurred. The ASSOCIATED PRESS

China

Man gets death for killing child in parking dispute

A Beijing court on Wednesday convicted a man of murder and sentenced him to death for hurling a toddler to the ground in a case that horrified the Chinese public.

The two-year-old girl died in a hospital days after the incident. Her attacker, Han Lei, was caught the following day. The court said Han, 39, was looking for a parking space when he told the mother that her carriage was in his way. It said Han grabbed the girl from her carriage and raised her above his head before throwing her to the ground.

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Syria bombshell. Rebels split, call for Islamic law

Nearly a dozen of Syria's powerful rebel factions turned their backs on the West on Wednesday.

They broke with the main opposition group in exile and called for Islamic law in wartorn Syria.

The split deals a severe blow to the Western-backed coalition fighting President Bashar Assad and gives him fuel for his long-stated contention that his regime is battling Islamic extremists.

It's a momentous public rejection of the Turkey-based Syrian National Coalition the political arm of the Free Syrian Army rebel group that has long been accused of

Toronto link

Ali Mohamed Dirie, a member of the "Toronto 18" terror plot to attack Canadian institutions, has died fighting in Syria, Torstar News Service has confirmed. He was released from prison in 2011.



being a puppet of the West.

THE ASSOCIATED PRESS

"If the groups involved stand by this statement, I think this could be a very big deal," said political analyst Aron Lund.

"It basically means that some of the biggest mainstream Islamist forces within the so-called FSA are breaking up with the political leadership appointed for them by the West and Gulf states, to cast their lot with more hardline and anti-Western Islamiets"

THE ASSOCIATED PRESS

Water everywhere ... except at home

Dry humour? It's the rainy season and there's flooding in Dakar, Senegal ... but there's no water running from the taps

Would you believe it?

It's the rainy season in Senegal and the capital city, Dakar, is dealing with major flooding.

But...

For nearly two weeks, Dakar residents have bathed in the ocean, dug makeshift wells along the beach and waited in long lines for distribution trucks.

Water is no longer running from the taps. Officials blame it all on

faulty equipment.

The situation is so bad that President Macky Sall decided

Wednesday to cut short his visit to the United Nations General Assembly to return and address the problem.

As they waited on Yoff Beach for young men to fill plastic basins with water from wells dug in the sand, residents said Sall had better act fast.

The volunteer operators of the beach wells, made of stones and spare tires, said they were pumping out water for thousands of Dakar residents from 5 a.m. to midnight every day.

"Every day on the radio they say the water will be coming back soon, but the problem still isn't fixed," said 36-year-old Samb Gueye, who brought 10 water basins to the beach so her family would be able to cook, clean and bathe.

"I don't know what we'll do if this continues."

The associated press



wells on Wednesday. Rebecca blackwell/the associated press

Outrage. Top French minister won't retract 'Roma go home' outburst

France's treatment of thousands of Roma migrants who have been expelled to Eastern Europe came under new scrutiny Wednesday after an explosive statement from France's top security official.

French Interior Minister

French Interior Minister Manuel Valls provoked outrage Tuesday by saying the Roma migrants had a "duty to return to their homeland."

And despite a wave of criticism, he refused to back down Wednesday.

Valls said the Roma had failed to integrate and France had no responsibility to them.

"We don't have the obligation to welcome these populations, we need to say it clearly and calmly," he said.

"It is not about stigmatizing a population, but facing the truth."

John Dalhuisen, Amnesty's Europe and Central Asia pro-

The wanderers

Roma started arriving in Europe from India in the 14th century. There are an estimated eight million in Europe, with the largest population in Romania.

gram director, offered a different interpretation.

"The Roma have a duty to live in misery. That's how the comments of the interior minister should be translated," Dalhuisen said.

Many French blame the Roma for a rise in petty crime and an influx of street beg-

In Paris, crime rings involving children have been broken up, and subway announcements warn every few minutes against pickpockets.

THE ASSOCIATED PRESS

Quoted

"The French minister is discriminating against an ethnic group. It is a breach of the right to free circulation and a breach of other human rights."



A washout, Olympic-style

It's been a week for umbrellas in Sochi, Russia, the host city for the 2014 Winter Olympics. Heavy rain sparked floods and mudslides and prompted authorities to introduce a state of emergency. About 1,800 emergency personnel got to work pumping out water and cleaning up the streets. SERGEI GRITS/THE ASSOCIATED PRESS

Pakistan strike

Church attack heralds arrival of new threat

A Sunni militant group known for targeting rival Muslims has emerged as a dangerous new player in Pakistan. It sent a pair of suicide bombers this week to detonate themselves inside a church. Eighty-five worshippers died.

The group, Jundallah, said it targeted Christians to avenge the deaths of Muslims killed by U.S. drone strikes — painted as part of a "Christian campaign" against Islam.

THE ASSOCIATED PRESS

Hold the front page. Security forces shutter Muslim newspaper office

Egyptian security forces on Wednesday shuttered the office of the newspaper of the Muslim Brotherhood's political party.

They confiscated furniture and documents, journalists from the Freedom and Justice daily said.

The journalists appealed to Egypt's press syndicate to take action against the closure in Cairo's Manial district, where the office is now sealed.

The closure comes two days after a court ordered the group outlawed and its assets seized.

Egypt's interim government, however, said Tuesday that it would not ban the group until the ruling is upheld by a higher tribunal.

Islam Tawfiq, an editor with the Freedom and Justice daily and a member of the Brotherhood, said the newspaper will continue to be published, and its edition for Thursday is ready for print.

He said the newspaper staff had evacuated the office in June, days before mass protests against Islamist President Mohammed Morsi, under threat of attack.

Crackdown

The shuttering of the newspaper appears to be part of an extensive crackdown on the Muslim Brotherhood since the ousting of President Mohammed Morsi after millions took to the street demanding his resignation.

 Fade to black. The Brotherhood's TV channel, Misr25, has been off the air and banned by a court order.

The staff has been working elsewhere, he said, and only furniture, electrical appliances, and some documents were confiscated from the office.

An order to ban the publication was issued a day after Morsi was ousted on July 4, he said.

The state-owned Al-Ahram printers continued to publish the paper on condition it reduce its pages by half and reduce circulation down to 10.000 from 100.000.

THE ASSOCIATED PRESS

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Smuggling confession fishy to prosecutor

Peru. Guilty pleas by two U.K. women charged as drug mules may be denied; the pleas would lessen their sentences

Peruvian prosecutors said Wednesday that they consider unacceptable the guilty pleas of two young British women caught trying to smuggle 24 pounds of cocaine to Spain in their luggage.

Prosecutor Juan Rosas said that he will ask for a new hearing to give Irish-born Michaella McCollum and Melissa Reid of Scotland the chance to offer a more complete confession. The women

Coerced to spirit cocaine out

"If they stick to that unbelievable story the prosecution is not going to allow them the benefit of a guilty plea."

Peruvian prosecutor Juan Rosas

pleaded guilty Tuesday to

drug-trafficking charges. If the plea is accepted, they face six years and eight months in prison without possibility of parole. Otherwise, they would go to trial and face a minimum of eight years.

Rosas said that the women, both 20, need to explain why they had claimed they were coerced by a gang of armed men. THE ASSOCIATED PRESS





Accused exploited victims as young as 14: Crown in B.C.

The Crown says a man accused of human trafficking lured 11 young women into prostitution by offering them a glamorous life of drugs, booze, and a chance to live in downtown Vancouver.

B.C. Supreme Court was told that Reza Moazami, 29, recruited girls to have sex for money. Landis, Sask.

Oil spill a few hundred metres from a village

Hazardous material crews were cleaning up oil spilled from a Canadian National train that derailed close to a small community in western Saskatchewan Wednesday.

RCMP said 17 rail cars
— some carrying flammable petroleum, ethanol
and chemicals — came off
the tracks near the village
of Landis, west of Saskatoon. THE CANADIAN PRESS



During a protest against stray-dog euthanasia in Bucharest a man holds Lucky, a stray pup he rescued. A Romanian court has ruled that a government bill on euthanizing stray dogs is legal. This came just weeks after a little boy's fatal mauling.

VADIM GHIRDA/THE ASSOCIATED PRESS

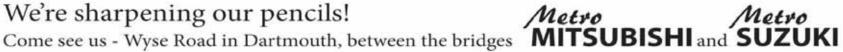




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NEWS

How to land a billionaire: Berlusconi's girl

Rome. Girlfriend of Italy's former PM has supported the politician through convictions for tax fraud and paid sex with a minor

Here's one way to bag a billionaire: Silvio Berlusconi's 28-year-old girlfriend says she courted the 76-year-old former premier relentlessly until he finally surrendered.

Now she's just waiting for him to agree to marry her. In an interview published

Wednesday in the Italian edition of Vanity Fair, Francesca Pascale described two

"I sought him out, I courted him, I made him fall in love and I made him my boyfriend.... Practically I've done everything: He only has to say yes."

Francesca Pascale, Berlusconi's girlfriend

years of pain and jealousy as Berlusconi responded to the failure of his second marriage by throwing lavish "bunga bunga" parties for young women.

Pascale said she met "B," as she calls him, in 2006 while working for his political party, although she had him in her sights much earlier when she was under 19

lier, when she was under 18.

"He completely rejected me," she said of her initial

volley. "But mine is an unending courtship. It's still going on today."

Pascale professed her love for him in 2009. By then they were close, but she said they never spent time in private together because he was still

married.
Finally her persistence
paid off; she said Berlusconi
gave her a diamond ring on
Christmas 2011.

THE ASSOCIATED PRESS

Bakersfield, Calif. Doctor saves choking diner's life with pen tracheotomy

A noted California doctor armed with just a pocket knife and a pen performed an emergency life-saving tracheotomy on a diner who was choking on a piece of meat.

Dr. Royce Johnson, Kern Medical Center's chief of infectious diseases, cleared the airway of Pauline Larwood at The Mark restaurant in Bakersfield, Calif., the Bakers-field Californian reported Tuesday.
Some of the nation's top

doctors and other area leaders who were in town for a symposium on valley fever also were in the restaurant.

A Bakersfield assembly-woman, Shannon Grove, witnessed the incident that took place on Monday.

Grove said both her hus-band and Johnson tried to perform the Heimlich man-

"She had already started turning a real, like, blue, her fingers and her lips," Grove said.

The procedure

- Opening a direct airway through an incision in the trachea or windpipe
- Inserting a tube, which allows a person to breathe without the use of their nose or mouth

After the Heimlich failed, Grove said she watched in amazement as Larwood was laid back in a chair and Johnson used a friend's pocket knife to make an incision in her throat.

As several physicians gathered around Larwood, someone called for a pen. Johnson then broke it in half and inserted the hollow cylinder to use as a breathing tube.

The procedure was successful as Larwood was rushed to a hospital. Her son said Tuesday that Larwood was doing fine. THE ASSOCIATED PRESS

"He didn't scream; he just said, 'I need a knife."

Shannon Grove, a Bakersfield assemblywoman, recounting the rescue story

Calgary Stampede

Disqualification of champion steer upheld

A review has upheld the suspension of a championship steer at this year's Calgary Stampede for the use of banned substances.

Drug testing of the top two steers in the July 13 Steer Classic Competition revealed the presence of two separate drugs, ibuprofen and Flunixin, in

the 2013 winner. The animal was immediately disqualified and a report by Stampede's Agriculture Review Panel released Wednesday agreed with the ruling.

The two non-steroidal, anti-inflammatory drugs that were detected are prohibited in any quantity under event regulations.

The rules state all animals are to be presented free of violative drug residues because the competition is designated "terminal," meaning the champion steer enters the

fload system.

"This was a serious, yet simple issue," said Paul Rosenberg, vice-president of programming at the Stampede.
THE CANADIAN PRESS

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Market Minute





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OIL \$102.66 US (-47¢)



GOLD \$1,336 US (+\$19.90)

Natural gas: \$3.50 US (+1¢) Dow Jones: 15,273.26 (-61.33)

\$11-million claim

Ousted CEO of AlarmForce files suit over dismissal

The recently ousted CEO of AlarmForce Industries has filed a wrongful-dismissal lawsuit against the home-security firm he founded 25 years ago. Joel Matlin, who was

at the company's helm since its inception in 1988

and often the voice and face of AlarmForce in ad campaigns, claims he was dismissed without cause or notice, which goes against the terms of his contract. He's also asking for punitive and aggravated damages because of the way the firing was handled.

"The bad-faith manner of termination above has caused Joel to suffer additional mental distress, damage to his reputation,

and aggravated damages beyond his contractual damages for wrongful dismissal," the statement of claim says. The \$11.3-million claim includes \$1.3 million for wrongful dismissal and \$10 million in damages.

None of the allegations in Matlin's suit have been proven in court and may be challenged by the company. AlarmForce was not immediately available for comment. THE CANADIAN PRESS



Nairobi attack puts spotlight on security at shopping malls

Retail. Industry worries that increasing measures to keep shoppers safe will just scare them away

Some malls around the world have been scrambling to add security guards to look for suspicious people following a deadly attack on a shopping centre in Nairobi over the weekend. But for other malls, it's been business as usual

The mixed reactions by malls across the globe isn't unusual in an industry whose security efforts vary from unarmed guards in most shopping centres in the U.S. to metal de tectors and bag searches in places like Israel to main entrances that resemble airport security lines in India.

The disparity offers glimpse at why any moves following the Nairobi incident to increase mall security in countries that have less strict procedures aren't likely to last: The industry continues to struggle with how to keep shoppers safe without scaring them away. "No one wants, when you go

shopping, to be strip-searched, to be interviewed in a room by a security guard," said Simon Bennett, director of the Civil Safety and Security Unit at the University of Leicester in England. "That might be acceptable in aviation, but it is not in com-

"No one wants, when you go shopping, to be strip-searched, to be interviewed in a room by a security quard."

Simon Bennett, director of the Civil Safety and Security Unit at the University of Leicester in England

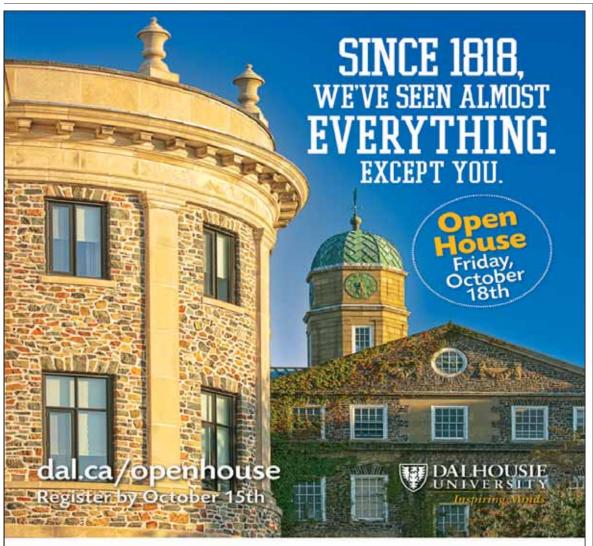
mercial retail."

Security concerns come after al-Shabab militants, wielding grenades, took control Westgate mall in Nairobi, Kenya.

In the U.S., the International Council of Shopping Centers, a trade group of shopping centres representing about one-third of retail space globally, said the U.S. government's Department of Homeland Security is reaching out to corporate security at all malls.

At the same time, the group said some of the malls in the U.S. and South Africa are beefing up private-security person-nel, while others are bringing in more off-duty police officers.

Mall of America, the big-gest U.S. mall, added extra uniformed security officers and stepped up other measures, but officials at the Bloomington, Minn.-based mall declined to elaborate. "We will ... remain vigilant as we always do in similar situations," said spokesman Dan Jasper. THE ASSOCIATED PRESS



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metronews.ca Thursday, September 26, 2013 **VOICES**

A CURE FOR YOUR GOOGLE-EYES

Are you infatuated? Obsessed over another? Stuck on that powerful drug that is both more and less than love? If you're not sure, check for these key signs:

 Your special someone jumps to mind during songs on the radio, including jingles for toilet cleaner. ("He makes me flushed too!")

• Something as simple as a Coke bottle reminds you of her. (Or a Coke can; we're body-posi-

• They're the last thing you see when you fall asleep and the first thing you see when you wake up, because you're camped outside their window.

One item on this list might be OK, even healthy, but if you do all three then you're probably infatuated.

I'm a longtime expert. Even in Grade 3, I would tell my camp counsellor that I had a crush on her, then coyly explain that I only meant Orange Crush, while making moon eyes at her. (Keeping with the pop theme, I turned a shade of cream soda.)



John Mazerolle metronews.ca

But now, 200 years later, I've realized that infatuation is for kids. It's fun, but so is running around with my arms out making airplane noises. Just because I used to do it doesn't mean I still can, no matter how fun it was.

I had a date last week that went pretty well, but then I got an endorphin rush going, propping me up, up, up ... and had to stop myself on the way to Cloud 9 before I spiralled right out of control. It was a close call, but my survival means I can share these tips:

What's love got to do, got to do with it?: Dealing with infatuation

• Determine whether it's love, infatuation or lust. If it's love, you'll be in love. If it's infatuation, you'll Google advice on whether it's infatu-

ation or love. If you can't tell if you have lust, I can't help you. See

• Don't try to "accidentally" meet them. Though meet-cutes are a Hollywood staple, in real life, showing up unannounced at a construction site, airplane cockpit or reactor core is often more trouble than it's worth. If you must, send a Facebook wall message and ask if they're aware of any federal laws and statutes surrounding trespassing at their workplace. Finish with a winky

• Remember a good relationship is a partnership. E.g. If you know the names of the children you're going to have with your new acquaintance/future spouse, then write a list and allow them to choose from several of your ideas. Watch their eyes widen as they come to appreciate what they've found in you.

• Bonus tip for infatuees: Occasionally somebody will be infatuated with you! If that happens, the other person may be very vulnerable and easy to manipulate. That's when you pouncefor a better world. Bite your bottom lip and whisper, "What I'd love is a man/woman who will lobby city hall for a curbside recycling program," or "It'd be so hot to see you and all your friends

And those are my tips, gentle readers. I hope you found them helpful. If you need anything else from me, remember I'll be right here—on Cloud 5.

ZOOM

The veiled, unveiled in photos



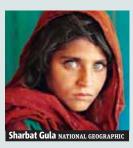
125 years marked with iconic images from mag's archives

National Geographic is celebrating its 125th anniversary with a special photography edition that features the most iconic images from the magazine's history. Pictured is a scene from Afghanistan in 2010: Pregnant Noor Nisa, 18, and her mother wait to be driven to hospital, where Noor would give birth to a baby girl.

The issue features National Geographic's most famous photo — the piercing green eyes of Sharbat Gula, a 13-year-old Afghan girl in

Pakistan's Nasir Bagh refugee camp, pictured on the right which appeared on the magazine's June 1985 cover.

The girl's identity was unknown for 17 years until she was tracked down in 2002. The image was originally placed in the reject pile before being rescued.





I know how it is. You got home last week with your shiny new copy of GTA V, only to power through it at a tragically swift clip — unable to keep your enthusiasm in check. Well, luckily, a lack of gaming self-control is one of the many things your smartphone can paper over for you.

Puzzle & Dragons:

The kids in Japan are losing their minds over this fantasy puzzler, and for good reason. The mechanics are much deeper than anything most match-three games have eve dreamed up and you get to collect onsters. Sold! Well, not sold, actuallv. It's free. (iOS, Android/Free)

Heroes of Loot:

An old-school roguelike dungeon crawler that sends you into the depths to wipe out an unending onslaught of monsters. Like most roguelikes. there's no real endgame to conqu

@metropicks asked: One fourlegged friend helped his owner curb a crack habit. How does your pet help you improve?

@Cazzy: Teaches me how to clean up for when I have kids.

@Jdanielledoiron: My alarm didn't go off this morning. My cat woke me screaming just in time for me to get to work, Thanks puss!

the top of global leaderboards. (iOS, Android/\$1,99) **Slender Rising:** The spooky Slender Man series is the

star of countless Watch My Roommate Get Scared YouTube videos, but if you've never tried one of the games, this is the best place to start. Work your way through creepy forests and playgrounds, piecing together the story behind the titular character. Of course, you're being stalked by him the entire time and if he snares you, you're going to lose. (iOS/\$2.99)

@Canucklehead_ca: My cat. She teaches me humility and how utterly insignificant I truly am.

@adrienne_kenny: My puppy has taught me to smile and appreciate the little things in life.

@gixxerrider105: after a bad break up my dog forced me to stay motivated. I was really depressed and he kept me

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VE WANT TO HEAR FROM YOU: Send us your comments: halifaxletters@metronews.ca



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When Irish eyes are singing

Celtic Thunder.

Emmet Cahill grew up immersed in music but singing with these guys has helped him mature as an artist



BACKSTAGE PASS Jenna Conter halifax@metronews.ca

Hands up to anyone who, when told someone comes from a "musical family," immediately thinks of the von Trapp family.

Emmet Cahill, a member of the internationally renowned vocal group Celtic Thunder who play the Metro Centre Thursday night, can relate.

Well, swap out Austria with Ireland, and plop the plot into happier historical times, and you have Cahill. He was surrounded by classical music from his father's piano — a piano teacher by trade — and in the mellifluous vocals of his mother's chops. There you have it, life in the Cahill household.

Details

- What? Celtic Thunder
- Where? Halifax Metro Centre
- When? Thursday, 7:30 p.m.
- •Tickets. ticketatlantic.com



"I've been involved in music as far back as I can remember," Cahill told me during a phone interview. "There was always music in the house."

It was really no surprise that on graduating high school, Cahill was awarded a scholarship to study Music Performance at the Royal Irish Academy of Music.

Hearing about auditions for the already world-famous Celtic Thunder group, Cahill took a quantum leap out of the world of classical music, in which he had been immersed since birth, and auditioned for the group in Dublin in April 2010.

"I didn't know a lot about the show, but went into the audition as an understudy and by November I was announced as the new member. I did the first recording with the guys in January 2011 — so it all happened for me over the course of a few months. I'm extremely

glad it did."

Though breaking into the biz for Cahill happened light-ening-fast, this classical convert had a lot of modern music catching up to do.

"Obviously, Irish music is a big part of it but we do some pop stuff, folk, rock, Broadway — for me it was broadening my horizons — it really opened my eyes open and taught a lot," he said.

"It also taught me how to

deal with moving around on stage and get the crowd involved in the show — it's not just singing."

Cahill said he's excited to be bringing the whole package to Halifax for his third performance in the city. He points out that many people in our region have Irish roots, some going back many generations.

"It's great to hear," he said of the friendly and familiar voices.



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Thursday, September 26, 2013

SCENE

The psychedelic rockers want you to see them as they are

Interview. Their self-titled third album is a statement of self identity: they're undefined and intangible

RICHARD PECKETT

Metro World Ne

MGMT's Andrew VanWyngarden and Ben Goldwasser never wanted to be famous. But quirky poppy zingers like Kids, Electric Feel and Time To Pretend from their debut 2007 album Oracular Spectacular made them household names, especially after being featured in movies such as 21, TV shows like The Voice and a Nokia ad. It was like their psychedelic private art house jamming session had been crashed by an accidental open Facebook invitation.

Rather than embrace the masses, the Brooklyn-based duo stoically continued with an ever more zany second album, Congratulations, in 2010. Indeed, the early days of face paint, hippy headwear and neon accents were discarded in a now forgotten fancy-dress box — and Kids was no longer on the set list.

This apparent fan neglect reads as anti-commercial label career suicide; MGMT's paradoxical style can seem frustratingly hipster but they, as self-indulgent as this sounds, are out to please

One more question

What do you dislike about pop culture?

 Quote. "I don't want to say that I dislike it. It has its place, but I think there's room for a little more subtlety in pop culture. It's really strange for us as a band because we've been accepted by mainstream culture kind of by accident. But we also draw so much of our inspiration from underground stuff that never reached the mainstream."



themselves. The 30-year-old rockers are in an enviably privileged position with the backing of a major label (Columbia), free to satiate their musical whims — something they've taken into their self-titled third album MGMT.

You said that your music has been misunderstood in the past. Is this album about reestablishing your identity?

I feel like we're presenting ourselves in the way we'd like to be seen. I think it's a little strange to us that people want to impose a narrative on us as a band. We're not thinking too much about what our image is or what we'd like to be known for.

Your music is often described as paradoxical. Is it

important for you to create something that's intangible or ineffable?

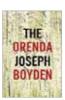
I think in a lot of ways music is always about the intangible. I think our album is music that a lot of people could get into, potentially. We're not trying to scare or be intentionally experimental, but also I don't think you want to be known only as a band who writes quirky pop songs.

You get a lot of criticism for alienating your fans but you've got nearly four million Facebook likes. Do you find it frustrating that critics and people keep harking back to the days of Time to Pretend and Kids?

It's frustrating; we've never intentionally alienated anybody.

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1. THE ORENDA Joseph Boyden

Giller Prize winner Joseph Boyden returns with a visceral portrait of life at a crossroads in his masterpiece of Canadian historical fiction, *The Orenda*.

Last Week: 4 / Weeks on List: 3



2. THE LONGEST RIDE Nicholas Sparks

Ira and Ruth. Sophia and Luke. Two couples who have little in common, and who are separated by years and experience. Yet, their lives converge with unexpected poignancy in Nicholas Sparks's new novel, *The Longest Ride*.

Last Week: 16 / Weeks on List: 2

This Week	Last Week	Weeks on List
3. MADDADDAM Margaret Atwood	3	5
4. THE SILENT WIFE A.S.A. Harrison	1	5
5. A HOUSE IN THE SKY Amanda Lindhout and Sara Corbett	2	4
6. NEVER GO BACK Lee Child	5	4
7. STEVE JOBS Walter Isaacson	11	3
8. THANKLESS IN DEATH J.D. Robb	20	2
9. W IS FOR WASTED Sue Grafton	5	2
10. INFERNO Dan Brown	20	5
11. THE CASUAL VACANCY J.K. Rowling	10	3
12. WINTER OF THE WORLD Ken Follett	8	5
13. GRAIN BRAIN David Perlmutter	15	2
14. STILL FOOLIN' EM Billy Crystal	14	3
15. TIME NOW FOR THE VINYL CAFE		
STORY EXCHANGE Stuart McLean	18	2
16. THE END OF GROWTH Jeff Rubin	13	4
17. THE WITNESS WORE RED Rebecca Musser	17	3
18. LOOPTAIL Bruce Poon Tip	19	2
★ 19. KILLING JESUS Bill 0'Reilly	-	1
★ 20. DR. SLEEP Stephen King	-	1

Combined Fiction and Non-Fiction Bestsellers for the week, ending September 30th

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Sarah

New show. Michael J. Fox makes his first full-time return to television

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up his job after being diagnosed with Parkinson's disease. Five years later, with his family's support, he decides to go back in front of the cameras. Betsy Brandt (Breaking

New show painfully close to Fox's real world experiences

since he left

> happens when put Michael J. Fox and five Canadian reporters at a table? Hockey talk.

Edmonton-The born, Burnaby, B.C.raised actor has lived almost two-thirds of his life in the United States, but while you can take the boy out of Canada, you can't take the Canadian out of the boy.

Though Fox's interview time is carefully limited, there's a full five minutes of chatter about the Leafs, Canucks and his beloved Bruins before everyone gets down to the reason Fox is at the summer network press tour — to promote The Michael J. Fox Show. The sitcom premieres Thursday on NBC and Global.

The series has been tailor-made for the actor. Fox stars as Mike Henry, a popular New York news anchor who gave Bad) plays wife Annie Henry, Wendell Pierce (Treme) his boss Harris



He was ready to go back, but only on his terms. For one, he wasn't going to leave New York, where all his guest appearances were shot. His series went into production months earlier than most, allowing the producers to build in weeks in between shooting to make things easier for their star.

. Doing things his way.

Green. Recurring characters

include Anne Heche as a rival

news anchor and TV veterans

Candice Bergen and Charles

producers Sam Laybourne

(Cougar Town) and Will

Gluck (Friends with Benefits)

show about a guy with Parkinson's," Gluck jokes, "and a

as a family comedy first, but

one absolutely based on Fox's

own experiences dealing with Parkinson's. Henry is

shown in the pilot scattering

instead of serving scrambled

eggs and misdialling 911, all

played for laughs.

"Mike paid for those experiences," says Gluck, "so

they're the intellectual prop-

from his last regular series,

Spin City, in 2000 after going

public with his struggles with

Fox himself stepped away

erty of Michael J. Fox."

couple of people passed."

"I really wanted to do a

Gluck and the others see it

Fox teamed with executive

Grodin as Mike's parents.

on the project.

Fox briefly considered headlining a drama series like The Good Wife, but the long hours were a deal breaker. Besides, when he really thought about it, all he wanted to do was comedy. There was no question the networks wanted him back. NBC offered him a full 22-episode commitment, rare these

Parkinson's, first detected a decade earlier.

At the time of the revelation it seemed like a cruel twist of fate for the actor, who was beloved for his Back to the Future films as well as for his run in the '80s as young conservative Alex P. Keaton in Family Ties.

Fox came to terms with his situation and became a leading spokesperson for efforts to combat the disease. His Michael J. Fox Foundation has so far funded more than \$350 million in research toward finding a cure.

Spearheading that drive and helping his wife of 25 years, actor Tracey Pollan, raise their four children became Fox's main focus for a decade. When medical advances helped to stabilize Fox's tremor symptoms, the itch to get back on TV began.

"I just thought, "Why can't I?'" he says. "I mean, there's no reason not to do it.'

THE ASSOCIATED PRESS



Rehab was inevitable after troubled Efron started 2013 'like a junkie'

A new report in the National Enquirer details how Zac Efron kicked off 2013 — with troubling behaviour that likely led to his rehab stint in the spring. An anonymous source recounts watching the 25-year-old star pass out after a night of abusing prescription painkiller Oxycodone as well as alcohol, marijuana

and Adderall at New York's Thompson Hotel on Jan. 3. "I was scared for him," the source says. "He was like a junkie. He wanted the drugs so bad. He went through a lot of pills even though it was clear he was entering a danger zone. My worst fear was that he had died from an overdose."



Schedules to blame for Lohan's latest break up

Looks like it's a no-go for Lindsay Lohan and former football player Matt Nordgren, who have reportedly split up after briefly dating, according to Us Weekly.

"Their work schedules and the distance just make dating impossible," a source says. "He really likes her. He thinks she's back on top, emotionally and physically."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Could it be?! Drake and Chris Brown patch things up

MELINDA TAUB

Metro World News in NYC

Make new friends, but keep the old. One is silver and the other beat up a lady one time. Chris Brown and Drake have squashed their beef and they may even become pals, according to Page Six. The pair apparently met up at the iHeartRadio Music Festival in Las Vegas this weekend, which Drake and his crew attended specifically to catch Brown's performance. "Drake came on Friday with his whole crew, and watched Chris' entire set," a source said. The happy reunion continued after the show: "They were backstage hugging and drinking," another source

reports. Apparently, the meeting went so well that the pair are talking about collaboration on tracks, even though no one should ever want to be friends with Chris Brown or work with him or talk to him, so he eventually has to become a garbage man and live in the dump. Hopefully Drake is just pretending to be Chris's friend so it'll sting even more when he has to become a garbage man. Brown recently took time off from drinking fruity cocktails and hitting the beach in Hawaii to tag a wall with epithets like "F- police" alongside what is apparently a shoutout to the Bloods. Brown, he of sound life choices, signed his illegal street art with the words "Fruits Piru," which people who know more about the intricacies of urban gang life than we do speculate is a reference to the Fruit Town Piru gang, a subset of the scary-as-hell



Bynes' lawyer wants her hitting-cop-car case held in mental health court

Amanda Bynes was set to resurface this week for a court appearance stemming from her 2012 arrest for hitting a police car with her rented BMW, but Bynes' lawyer wouldn't let her near the courthouse. Attorney Richard Hutton claims that Bynes doesn't currently have the mental capacity to fully comprehend the legal proceedings, asking the judge to refer

the case to the mental health court, according to E! News. "The mental health court will examine Bynes and determine her competency to stand trial," he says. Bynes is currently under observation at the UCIA Medical Center, and a hearing is set for next week to determine if her parents' temporary

conservatorship should be made permanent.

Twitter



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You can always rely on Milan for two things: exuding luxury, and being fashion month's halfway mark. The latter means we can move from tentative to confident in our breakdown of the trends for SS14. Despite the markedly different scenes across New York, London and Italy, discernible similarities have already emerged, so take note.

KIT GILBERT

Skin is in

If there's one thing Milan has over every other fashion capital, it's sex. It returned this season in the form of super sheer garments, peek-a-boo cut outs, belly-grazing necklines and hemlines your mother wouldn't approve of.





things Milan told us about la mode

'90s minimalism reigns

Will the '90s ever get old? It appears not, as the era's minimalist esthetic is going nowhere. With everyone apparently singing from the same Calvin Klein sheet, it's slip dresses and spaghetti straps galore — with a strict colour palette of neutral shades.





The shirt dress is a bona-fide thing

Whoever first decided to wear her boyfriend's shirt as a dress must have been an audacious woman. Thankfully, we're no longer going to have to tug at those tails to stay decent, as the shirtdress is now a thing. It's popped up all over the fashion circuit and it's made its way to Milan via No. 21 and Tod's where floral, spangled embellishments and eyelets send this idea into more wearable territory.

The graphic print party is still happening

No one quite owns the idea of print mixing like Prada and Marni, both of which showed stellar graphics that were as much about texture and colour as they were about print. The new designer, Stella Jean and Emilio Pucci, meanwhile, took the more traditional ethnic route, referencing African prints.





We've got tiers in our eyes

Things that have tiers include wedding cakes and football stadiums. Now you can add clothes to the list, as Simone Rocha, Meadham Kirchhoff and Hérve Léger all added layer upon layer to their creations. And we're not talking ruffles either – these are hard-edged, angular strips of fabric. Our Milan favourite in this department is Fendi, which showed ombré cascades.



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Shrimp, Cherry Tomato and Goat Cheese Bake: Layers of flavours



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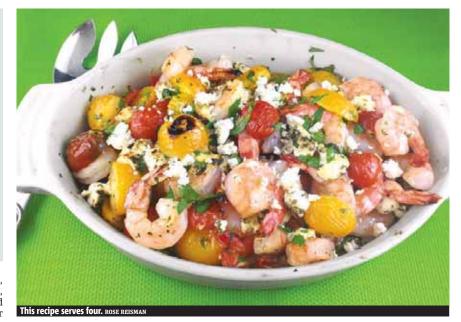
The shrimp compliments the delicate sweet tomatoes and creamy goat cheese. Serve the dish with a side of green salad.

You can prepare the entire dish earlier in the day and bake at 400 F for five to eight minutes. It's also great at room temperature.

- 1. Preheat the oven to broil and spray an 8-inch baking dish with cooking oil. Preheat a non-stick grill pan or barbecue to medium-high.
- **2.** Grill shrimp for approximately 4 minutes, turning halfway through the cooking time. Do not overcook. Place in the prepared baking dish.

Ingredients

- 1 1/2 lb peeled and deveined shrimp
- 3 cups of cherry tomatoes
- 1/4 cup chopped cilantro or
- 1 1/2 tsp crushed fresh garlic
- 1 tsp dried basil
- 1 tsp minced jalapeño peppers
- pinch salt and freshly ground black pepper
- 1/2 cup crumbled goat cheese
- 1 tbsp olive oil
- 2 tsp freshly squeezed lemon juice
- 2 tbsp chopped cilantro or basil
- **3.** Combine the tomatoes, cilantro, garlic, dried basil, jalapeño pepper, salt and pepper. Mix well and pour over the shrimp. Sprinkle with the goat cheese. Broil for 2 minutes or just until



browned. Remove from the oven.

4. Combine the oil and lemon juice and drizzle over the top.

Garnish with the cilantro and serve.

For your phone

People CelebFood (iPhone - Free/ Android - \$0.99 subscription)



MIND THE APP Kris Abel @RealKrisAbel life@metronews.ca

From Sheryl Crow's Chicken Tacos and Matt Damon's Beef Satay Skewers to Kate Middleton's Sticky Toffee Pudding and Richard Gere's Cinnamon Rolls, People's step-by-step cookbook offers favourite recipes shared by celebrities.







A living room couched in style

A four-part series to help you get one of the most important spaces in the home looking great.



In this four-week series, I'll serve up decor tips to get your living room looking fabulous in time for the holidays. Today I tackle the largest furniture piece in the room: the sofa.

Size

For those living in smaller homes, the challenge is to find the right sofa that fits seamlessly without taking over the space. Luckily, there's an easy way to measure the size of sofa your room can comfortably hold: Measure the width of your room - your sofa should be 2/3 of that measurement. For instance, if your room is 10 feet wide, the sofa length should be about six feet by six inches. This allows the sofa to fit nicely on the smaller wall or helps to divide a long room and still allow space on each end for side tables. By fitting the sofa to the shorter wall, you are guaranteed it fits on the longer wall as well.

Style

The style of sofa reflects many things; whether you like a modern or traditional decor, the comfort level you require and the colour of covering desired. A sofa with a rounded arm, skirted bottom and lightto-medium neutral fabric will look best in a traditional setting while a square-armed, exposed wood (or metal) leg and a very light or very dark covering will imply a modern feel. If you fall asleep watching TV on your sofa every night, then choose one with lower and deeper seating for ultimate comfort. If you use your sofa strictly for entertaining, then a higher seat and less depth is recommended in order to sit upright. As for coverings, there are many to choose from. A plain, neutral covering will add longevity to the look of your sofa. The covering choice (everything from linen to leather) is all about the durability you might require. A warm neutral colour works best in traditional settings and cooler tones in modern.

Cost

Consider the budget for decorating your living room; a sofa should eat up about 20 per cent of the budget. If you have not budgeted for your room's decor, then another way is to consider how long you will want your sofa; each year should cost about \$250. For instance, if you plan on keeping a sofa for only three to five years then an \$800 to 1,200 cost would be suitable. If you want it to last for 10 to 15 years then pay around \$2,500 to \$4,000. The fabric is the first thing that will get worn out, followed by the internal support/springs. These are the two things you should investigate and ask about; especially when purchasing a sofa you want to keep long term.

Next week: Part two: Choosing tables and lighting.



A traditional sofa with rounded arms, skirted bottom and upright seating. Chandler Sofa, from \$3,100,



Low, deep seating with square edges and exposed metal legs make this sofa perfect for a casual, modern living room. Mondrian Sofa, \$1,100, Urban Barn, urbanbarn.com. CONTRIBUTED

HOUSE & HOME

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TAKING THE TIME TO DO THE JOB RIGHT

Craftsmanship always comes first for Patti Ford. For the last 17 years, the certified kitchen designer and owner of Patti's Kitchen and Bath Design in Halifax has incorporated the qualities of fine design and craftsmanship into every job she undertakes.

"We build everything here in our own shop," she says at her showroom on Lady Hammond Road. "Everything from modern to classic antique."

Patti's Kitchen and Bath works with a variety of woods, stains and paints, and hundreds of styles of fittings. Drawer boxes come in everything from standard melamine to finely crafted dovetail, depending on budget and taste.

"The kitchen is the best reno you can do in your home," she says. "You can enjoy it and increase the value of your home at the same time."

She starts the design process with



each client by asking questions.

"I try to get to know the client, what they like, how they use their kitchen on a daily basis. Then I create a design to match their lifestyle."

When the client approves the design, the production team builds the cabinets at the company's in-house shop. Her in-house installers handle all installations.

"We stay small on purpose so that we can give each customer individual attention," she says. "We take the time to focus on each job and do it right."

Tennis

Bouchard's game translates well to Tokyo

Montreal's Eugenie Bouchard will try to continue her string of big wins at the Pan Pacific Open when she faces American star Venus Williams in the quarter-finals.

Bouchard upset sixthseeded Jelena Jankovic of Serbia 7-5, 6-2 on Wednesday, a day after ousting No. 8 Sloane Stephens of the U.S. the associated press

Basketball

Canada tops Cuba to stay undefeated

Forward Tamara Tatham had a game-high 17 points and nine rebounds, and Canada's women's basketball team defeated Cuba 53-40 on Wednesday to finish the group stage undefeated at the FIBA Americas Championship for Women.

Guard Kia Nurse added 13 points, four rebounds and three assists as Canada finished with a record of 4-0, good for first in Group A. Canada will play the second-place team from Group B in Friday's semi-

THE CANADIAN PRESS

NCAA basketball



"It just caught my heart. This is where I felt like I

belonged.... I felt more at home here than anywhere else."

Canadian basketball star Andrew Wiggins as his Kansas Jayhawks met with media on Wednesday.

St. Francis Xavier. JEFF HARPER/METRO

Relentless Moose beat up on Bathurst

QMJHL. Three-goal third period helps propel the Herd to much-needed victory over Titan



ANDREW RANKIN w rankin@metronews ca

Halifax Mooseheads have their first home win of the season, though it didn't come easy.

But, in the end, the Herd were able to withstand a resilient Bathurst Titan squad for a 5-3 victory before 6,070 fans at the Metro Centre on Wednesday night.

"I loved how we stuck to the plan tonight," said Mooseheads captain Trey Lewis, who scored his first goal of the season, a shorthanded marker. "You could tell with our neutral-zone forecheck and D-zone we were sticking to the game plan that (coach) Dom (Ducharme) laid out."

Though badly outshot, Bathurst was able to hang around all game long. After clawing their way back from a 2-0 hole to tie the contest early in the final frame, the Titan found the equalizer once more moments after

Home's a bit sweeter now

The Mooseheads' Jesse Lussier gets the puck past Bathurst's Robert Pelletier on Wednesday at the Metro Centre

Lewis scored to give the Herd a short-lived lead.

But the Mooseheads kept

pressing.
Timo Meier gave the Herd a 4-3 lead with his first goal of the season and MacKenzie Weegar would put the contest out of reach.

"We needed that to seal the deal tonight," said Weegar. "I thought we definitely deserved to win; we outshot them by a good amount. We're coached not to sit back and to keep pushing no matter what the score is. That's what we did tonight."

The Mooseheads (2-3) are back in action against the Baie-Comeau Drakkar at the Metro Centre on Saturday at 7 p.m.

Lewis is hoping Wednesday's victory is the start of a new beginning for the Herd.

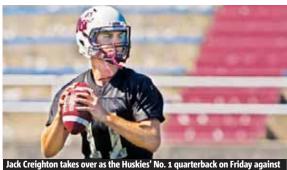
"We definitely want to turn things around here,' said Lewis. "Now we have all our guys back in the lineup. We really want to turn the corner here and come together as a team."

Brent Andrews led the Mooseheads with a goal and two assists while Matt Murphy tallied once to round out the scoring for the Herd. Rafael Lafontaine replied with a pair of goals and Alexandros Soumakis also scored for Bathurst.

"To get our first home win of the season feels great. It's a relief and everybody in the dressing room is happy and excited for more."

Mooseheads defenceman MacKenzie Weegar

Struggling Huskies turn to QB Creighton



Jack Creighton is taking over the quarterback reins for the Saint Mary's Husk-

Huskies head coach Perry Marchese made his decision to demote former No. 1 pivot Ben Rossong after his squad's disappointing 29-15 loss to the Mount Allison Mounties last Friday.

Creighton played much of the game, finishing 12-of-23 for 151 yards, one touchdown and two interceptions.

"Jack probably gave us a better chance to win and we're hoping he does this week too," said Marchese. "But we have two guys ready. We're going to get Ben involved as well. This is something I wanted at the beginning of the year, for both to be ready for game action. They're both capable kids; they're both smart."

The Huskies (1-2) will look to turn things around Friday when they host the 2-1 St. Francis Xavier X-Men

The Huskies have managed just 39 points in three games, for an average of 13 per contest.

But Marchese isn't placing most of the blame on his quarterbacks.

"Our problems on offence are with the whole unit; we're not going to put that on Ben. If we're in the same boat two weeks from now, we're going to be in real trouble," he said.

ANDREW RANKIN/METRO

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metronews.ca Thursday, September 26, 2013 metr⊕ **SPORTS**

Bronx Bombers won't see NL Central. Young Cards on fire down the stretch light of playoff baseball



sday. The Yankees will also have to wait until 2014 to make another

Fall of the Evil Empire.

Yankees eliminated from post-season hunt, won't advance for first time since 2008

The New York Yankees failed to make the playoffs for only the second time in 19 years, getting mathematically eliminated Wednesday night during an 8-3 loss to the Tampa Bay Rays.

Evan Longoria homered twice as the Rays won their sixth straight and lowered

imping into the off-season

In all, the Yankees had a major league leading 28 stints on the disabled list by 21 different players, according to STATS, and have missed 1,461 days — more than four their magic number to three over Texas for clinching an AL wild-card berth.

Slowed by age and hob-bled by injury, the Yankees (82-76) were chased with two outs in the bottom of the eighth inning when the Cleveland Indians completed a 7-2 win over the Chicago White Sox.

Despite baseball's highest opening-day payroll at \$230 million, the Yankees failed to claim one of the 10 playoff

"We didn't get to where we wanted to get," manager Joe Girardi said after it was

Since starting the latest run of success in 1995, New York had missed the playoffs only in 2008 - when the team bid goodbye to old Yankee Stadium. This time, the Yankees are saying goodbye to Mariano Rivera and Andy Pettitte, who are retiring when the season ends Sunday. THE ASSOCIATED PRESS

All of those young arms embraced this pennant race. The St. Louis Cardinals threw five rookies at the Washington Nationals and clinched a tie for their first NL Central title since 2009.

Shelby Miller earned his 15th win with relief help from Seth Maness, Kevin Siegrist, Carlos Martinez and Trevor Rosenthal in a 4-1 victory that spoiled Jordan Zimmermann's bid for his 20th win and wrapped up a threegame sweep on Wednesday.

All are 24 or younger, and all have been filling critical roles for a while now.

"We know what's at stake and what we need to do to get the job done, how many games we need to win," Miller said. "Hopefully, we can just win them all.

Miller (15-9) has been in the rotation all year and leads major-league rookies in wins after allowing a run in sixplus innings.

Yadier Molina had the goahead hit and Matt Adams homered for the Cardinals.

Manager Mike Matheny



helby Miller earned his 15th win for the Cardinals on Wednesday.

reported screaming in the clubhouse after the Cubs' Darnell McDonald's go-ahead three-run homer off Francisco Liriano in a 4-2 victory over the Pirates and admitted he'd taken peeks at the score-

The Cardinals lead the Pirates by three games with three to go. The Reds lost 1-0 to the Mets on Wednesday and were eliminated from the divisional race.

THE ASSOCIATED PRESS

NFL

Ex-Charger Oliver commits suicide

run at the playoffs, KATHY WILLENS/THE ASSOCIATED PRESS

Former San Diego Chargers safety Paul Oliver was found dead at his Atlantaarea home Tuesday night, and a medical examiner said Wednesday that the explayer committed suicide.

Cobb County investigators said Oliver, 29, was found dead at his home in Marietta, near downtown Atlanta.

Police said Wednesday that Oliver died of a selfinflicted gunshot wound.

Oliver played for the Chargers from 2007 to 2011. His best season was 2010, when he started eight times and had 62 tackles.

Oliver was a 2007 fourth-round supplemental draft pick from the University of Georgia after he was ruled academically ineligible his senior year.

Oliver was released by the New Orleans Saints after training camp in 2011 and returned to San Diego that season.

"It's sad to lose anyone, for that matter, but a guy that you played with can remember interactions with him like it was yesterday," said Chargers quarterback Philip Rivers. THE ASSOCIATED PRESS

NHL. Kunitz leads march of the Penguins in 5-1 win over Red Wings

Chris Kunitz had two goals and an assist to help the Pittsburgh Penguins beat the Detroit Red Wings 5-1 on Wednesday night in an exhibition game.

Jussi Jokinen, Pascal Dupuis and Craig Adams also scored for Pittsburgh. Sidney Crosby and Evgeni Malkin each had two assists, and Marc-Andre Fleury made 16

Drew Miller scored for

Detroit, and Petr Mrazek stopped 32 shots.

Jokinen and Dupuis scored in the final five minutes of the first to give the Penguins a 2-0 lead. Adams made it 3-0 3:14 into the second period. Miller scored with 7:11 left in the middle period.

Kunitz's first goal came with 2:35 remaining in the second and he added a powerplay goal 9:28 into the third. THE ASSOCIATED PRESS



iguins' James Neal tries to get a rebound against Red Wings goalie azek in Detroit on Wednesday. PAUL SANCYA/THE ASSOCIATED PRESS

MLB

AMEDICAN LEACUE

AIVIERICAN LEAGUE								
EAST DIVISION								
	W	L	Pct	GB				
Boston	95	63	.601	_				
Tampa Bay	89	69	.563	6				
Baltimore	82	76	.519	13				
New York	82	76	.519	13				
Toronto	72	86	.456	23				
CENTRAL DIVIS	ION							
	W	L	Pct	GB				
Detroit	93	66	.585	_				
Cleveland	88	70	.557	41/2				
Kansas City	83	74	.529	9				
Minnesota	66	92	.418	261/2				
Chicago	62	96	.392	$30^{1}/_{2}$				
WEST DIVISION								
	W	L	Pct	GB				
Oakland	94	65	.591	_				
Texas	87	71	.551	61/2				
Los Angeles	78	80	.494	151/2				
Seattle	69	89	.437	241/2				
Houston	51	108	.321	43				

Wednesday's results

L.A. Angels 3 Oakland 1 Cleveland 7 Chicago White Sox 2 Baltimore 9 Toronto 5 Tampa Bay 8 N.Y. Yankees 3 Texas 7 Houston 3 Detroit 1 Minnesota 0 Kansas City at Seattle

Cleveland 5 Chicago White Sox 4 Toronto 3 Baltimore 2 (10) Tampa Bay 7 N.Y. Yankees 0 Texas 3 Houston 2 Detroit 4 Minnesota 2 L.A. Angels 3 Oakland 0 Seattle 4 Kansas City 0

Thursday's games All times Eastern

Toronto (Buehrle 12-9) at Baltimore (Gonzalez 10-8), 7:05 p.m. Tampa Bay (Cobb 10-3) at N.Y. Yankees

(Nova 9-5), 7:05 p.m. L.A. Angels (Williams 9-10) at Texas (Garza 4-5), 8:05 p.m.

Kansas City (Guthrie 14-12) at Chicago White Sox (Rienzo 2-2), 8:10 p.m. Cleveland (McAllister 9-9) at Minnesota (Albers 2-4), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB				
Atlanta	93	65	.589	_				
Washington	84	75	.528	91/2				
New York	73	85	.462	20				
Philadelphia	72	86	.456	21				
Miami	59	100	.371	341/2				
CENTRAL DIVISION								
	W	L	Pct	GB				
St. Louis	94	65	.591	_				
Pittsburgh	91	68	.572	3				
Cincinnati	90	69	.566	4				
Milwaukee	71	87	.449	221/2				
Chicago	66	93	.415	28				
WEST DIVISION								
	W	L	Pct	GB				
Los Angeles	91	66	.580	_				
Arizona	80	77	.510	11				
San Diego	73	84	.465	18				
San Francisco	72	85	.459	19				
Colorado	72	86	.456	191/2				
Wednesday's results								

Milwaukee 4 Atlanta 0 Miami 3 Philadelphia 2 Boston at Colorado Arizona at San Diego L.A. Dodgers at San Francisco Tuesday's results N.Y. Mets 4 Cincinnati 2

N.Y. Mets 1 Cincinnati 0

St. Louis 4 Washington 1

Chicago Cubs 4 Pittsburgh 2

Atlanta 3 Milwaukee 2 Philadelphia 2 Miami 1 Pittsburgh 8 Chicago Cubs 2 St. Louis 2 Washington 0 Colorado 8 Boston 3 Arizona 2 San Diego 1 (12) L.A. Dodgers 2 San Francisco 1

Thursday's games All times Eastern

Arizona (Cahill 8-10) at San Diego (Erlin 3-3), 6:40 p.m. Milwaukee (Hellweg 1-4) at N.Y. Mets (Gee Philadelphia (Cloyd 2-6) at Atlanta (Hale 0-0), 7:10 p.m. L.A. Dodgers (Volquez 9-12) at San Francisco (Lincecum 10-14), 10:15 p.m.

EAST DIVISION

CFL

Toronto Hamilton Montreal	GP 12 12 12	8 6 4	4 6 8	T 0 0	PF 354 316 285	PA 315 329 349	Pts 16 12 8			
Winnipeg	12	2	10	0	251	368	4			
WEST DIVISION										
	GP	W	L	Т	PF	PA	Pts			
Calgary	12	9	3	0	373	301	18			
B.C.	12	8	4	0	325	302	16			
Saskatchewan	12	8	4	0	376	282	16			
Edmonton	12	3	9	0	294	328	6			
Friday's game — All Times Eastern										

B.C. at Winnipeg, 8 p.m.

Saturday's games

Calgary at Hamilton, 6 p.m. Toronto at Edmonton, 9 p.m. Saskatchewan at Montreal, 1 p.m.

WEEK 4

Thursday's game — All Times Eastern San Francisco at St. Louis, 8:25 p.m. Sunday's games

Seattle at Houston, 1 p.m. N.Y. Giants at Kansas City, 1 p.m. Pittsburgh at Minnesota, 1 p.m. Baltimore at Buffalo, 1 p.m. Arizona at Tampa Bay, 1 p.m. Cincinnati at Cleveland, 1 p.m. Indianapolis at Jacksonville, 1 p.m. Chicago at Detroit, 1 p.m. N.Y. Jets at Tennessee, 4:05 p.m. Philadelphia at Denver, 4:25 n m Dallas at San Diego, 4:25 p.m. Washington at Oakland, 4:25 p.m. New England at Atlanta, 8:30 p.m. Monday's game Miami at New Orleans, 8:40 p.m.

MLS

Friday's game — All Times Eastern Philadelphia at Kansas City, 8 p.m. Saturday's games

D.C. United at Toronto FC, 1 p.m. Real Salt Lake at Vancouver, 7 p.m. Houston at New England, 7:30 p.m. Montreal at Chicago, 8:30 p.m.

Sunday's games Los Angeles at Portland, 3:30 p.m. Columbus at FC Dallas, 8:30 p.m. New York at Seattle, 9 p.m. San Jose at Chivas USA, 11 p.m.

19

46

60

66

See today's answers at metronews.ca/answers. BY KELLY ANN BUCHANAN

T Aries

March 21 - April 20

Mars in Leo does wonders for your confidence but don't let that blind you to the realities of your money situation. Saturn in Scorpio warns it could cost you big time if you take a risk that is best avoided.

Taurus

April 21 - May 21

Disputes are inevitable but none of them are of any real importance, so don't get drawn into slanging matches with people whose main motivation seems to be envy.

I Gemini May 22 - June 21

Check the facts several times today. Neptune, planet of illusion, is strong at the moment, so your mind could easily play tricks on you.

9 Cancer

June 22 - July 23

Good news will come out of nowhere today, easing your fears and making you realize how fortunate you really are. Also, a friend or colleague will offer you the kind of advice that money cannot buy. Take it.

Ω Leo July 24 - Aug. 23

You may have to force yourself to be enthusiastic about what you have to do today but once you get going it won't be the chore you feared it would be. It could even surprise you and make you some extra money.

M Virgo

Aug. 24 - Sept. 23

A few days from now, you will get the chance to do something a bit out of the ordinary. In the meantime, treat yourself kindly and don't get involved with people who only ever waste your time.

△ Libra

Sept. 24 - Oct. 23

If you are happy with the way your life is going, that's great. If not, start making changes. The Sun in your sign means it's time to get your act in gear and get cracking on a scheme that is important to you.

M Scorpio

Oct. 24 - Nov. 22

With the Sun linked to nebulous Neptune today, it's unlikely you will be thinking straight. Be wary of making plans you cannot easily get out of. Be wary of your feelings too. Can you trust them?

プ Sagittarius

Nov. 23 - Dec. 21

Your confidence may be at an all-time high and all things may seem possible but don't be deceived: There is still a lot of hard work to be done before you come close to reaching your number one goal.

り Capricorn

Dec. 22 - Jan. 20

Life moves in cycles and the cycle you are on now mostly deals with your career and position in the wider world. . Having said that, you can still find time for love — if you try.

≫ Aquarius

Jan. 21 - Feb. 19

It's good that you are the forgiving sort but don't go too far and forgive people for crimes they should be punished for or you will get a reputation as a pushover.

H Pisces

Feb. 20 - March 20

the message of your solar chart today, so avoid confrontations you cannot win. SALLY BROMPTON

Crossword: Canada Across and Down

23

33

43

64

35

Across

- 14. George Clooney
- job on TV,
- you to..." 16.
- 18. Hawaii's Beach
- Metric, the USA's is
- 23. Cobblestone
- 24. Alias acronym
- 28. Famous river
- 30. Discontinuity
- Copland
- 38. Comedian Ms.
- 41. Ottawa, for one 43. Common sitcom
- 44. Glaswegian's 'No'
- "Get Smart"
- 49. Canada's financial

- 54. Icelandic epic
- (Latest trend in
- __ ` manicures)

- 1. Wild guesses
- 6. Work with a wok 9. Canadian author Farley
- 15. Deer sort
- 17. "That doesn't
- thing!"
- example 19. 20. Canada's is the
- the what?: 2 wds.
- 25. Roman love god
- 26. 'Ball' suffix
- 33. Composer Mr.
- 36. Polka's partner
- 37. Low-lying area
- Handler
- roles
- 46. 99, for one, on
- 47. TV station
- 48. Swindle
- TV channel
- 50. Wharf
- 52. Edible green thing
- 58. Temporary
- 61. Mr. Lauzon of Royal Canadian Air Farce
- 62. British singer Rita 63. Totally consumed:
- 2 wds. 64. Gambling destina-
- tion, Monte 65. Giggling, textingstyle
- 66. Curt 67. Kelly Clarkson's
- "Since _ _ Gone' 68. Sacred chest 69. Industrial city in

18

39

59

65

68

Germany

Down

- 1. 18-wheelers
- **HBO** series 3. Adjust 4. Pre-history working implements: 2 wds. 5. Boo-boo

2. New Orleans-set

- 6. 1978 disco hit: "Le
- 7. "The X Factor" judge Kelly
- 8. Fancy 'fors' 9. "Did you (Returnee's query) 10. John Keats poem,
- a Nightingale 11. Political headlinegrabber in the 1970s 12. Ancient Syria's biblical name

13. Midmorning time

- 21. Sir McKellen 22. Conference of 1945 of the Big Three 27. Slip-__ (Some
- shoes) 29. Winter/Summer
- games org. 31. Actor Mr. Arkin
- 32. Throw a snowball 33. Australian band
- 34. Captain in "Moby Dick" (1956) 35. Moscow tourist
- attraction: 2 wds. 37. National Film Board short films
- shown during TV commercials time, Canada
- 39. Britannica, e.g. 40. US motorists org.
- 42. Cook's need 45. "The Last
- (1987) 48. Musical, Miss
- 49. Sheep's sound 51. Handy
- 53. Canadian showbiz
- news show 55. Getting-things-
- done people 56. Put out, as flames
- 57. __, Colorado 58. Grouch
- 59. Ms. Falana
- 60. __ Modern (Art gallery in London, England)
- 61. Hosp. ward for heart patients

How to play Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

7	8	9	1	3	6	2	4	5
4	6	2	5	7	9	3	1	8
5	3	1	2	8	4	6	9	7
3	2	6			7			
8	4	5	9	1	2	7	6	3
1	0	7	6	5	3	8	2	4
2	7	3	4	6	5			
9	1	4	3	2	8	5	7	6
6	5	8	7	9	1	4	3	2

	8		5	6		7	
		7			3		
	5		8	1		9	
	3	5			7	8	
8							6
	4	2			5	1	
	7		6	9		4	
		8			9		
	1		2	7		3	

There's no point being uptight about situations that are beyond your control. That is

Today Showers // 40%

Friday

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TWN incorporates MSC data











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